



Co-funded by the
Erasmus+ Programme
of the European Union

Training course
***“Youth work for youth
employability”***

Project type: Erasmus + KA1 Mobility for young people and youth workers

Location: Rezekne, Latvia

Dates for seminar:

1st – 7th APRIL 2019

2 participants from each organization (age 18+)
Youth workers/youth leaders/project managers



About us:

European Association "World-Our Home" is an NGO active at European level working in youth, social, educational and cultural fields since 1999. The main aim of Association is promotion of European active citizenship, solidarity, multiculturalism, human rights and other values as well as non-formal education on local, regional and European level. The organization is busy with European youth exchange projects, seminars, trainings, international cultural projects. The organization actively participates in Erasmus +, Europe for Citizens, EEA Grants programmes. WOH is a hosting, sending and coordinating in EVS programme. The organization gives people the opportunity to learn foreign languages and get acquainted with different cultures in order to get European awareness, to gain more possibilities for social integration into the European community and make successful choice in their career. EA "World-Our Home" joins youth organisations around Europe and it has a strong cooperation with public and education institutions and other European networks.

About the project:

Today young people are the most educated generation than ever. Nevertheless, they encounter difficulties in entering and remaining in the labour market. For many of them, the transition to work is problematic. Opportunities for young people to find a job are bound to the general state of the economy and overall employment situation in a country. However, they are also influenced by the education and skills young people possess, the relevance of these skills for the labour market and the possibilities available to youth to apply and use these skills. Youth work plays an important role in supporting the employability and employment of young people. Through youth work young people can develop and get knowledge, skills and competences and find a place in society and step into the labour market.

The project "Youth Work for Youth Employability" is the training course which aim is to boost youth workers` capacity to foster youth employability and entrepreneurship. This training course will empower the participants with competencies to help themselves and young people they work with to gain employability skills useful for the labour market and life. The following objectives must be achieved during the project:

- to foster participants' understanding on the main causes and consequences of youth unemployment in Europe;
- to learn about the main policies on youth employment in European countries;
- to promote discussion on the importance of entrepreneurship and learn how youth workers can promote it through NFE;
- share best practices on youth employability;

- create follow up projects that can multiply the results of the training and create real opportunities for young people employability;
- to improve the intercultural competences of participants by working in an international context;
- to improve skills of participants in designing and implementing learning process and developing educational activities through NFE to acquire skills for employability;
- get awareness of youth unemployment at the European level, mapping the skills needed for increasing the employability of young people, identifying educational processes for intervention;
- to build a qualitative partnership between youth organizations from Program countries and expand the network of EA "WOH".

The project will be organized by EA "World-Our Home" in Rezekne, Latvia from 1.04.-7.04.2019. Project partner organisations will be from 14 countries and 16 organisations from Croatia, Italy, Macedonia, Poland, Romania, Portugal, Turkey, the UK, France, Germany, Greece, Spain, Malta and Latvia. In the training course there will be used the following non-formal education methods: the acquaintance activities, the "ice breakers", the team building activities, brainstorming, energizers, the intercultural activities, round-table discussions, presentations, practical workshops, debates, evaluations, reflection time. This training course will gather 35 participants from 14 European countries and 16 organisations together with the organizers EA "WOH" from Latvia. The methodology of the project is based on the fundamental principles of non-formal education.

The results of the project will be the new skills, competences and knowledge of youth workers and efficient cooperation among the partner-organizations in the field of youth and youth employability. The following learning outcomes, competences, skills and attitudes will be improved during the activities of the project: learning to learn, knowledge of main skills for youth employment, unemployment problems, communication in foreign languages, team work, intercultural competences, the broader understanding of practices, policies and systems in non-formal education and youth field, possibilities of Erasmus+ program as a tool for youth employment, mobility and entrepreneurship, development of initiative and enterprise skills, promotion of mobility activities for youth.

The desired impact of the project on the local and regional level is the following: to have the good prepared youth workers in assisting and managing youth projects directed to the successful work with young people to develop their skills, knowledge, and competences that enhance their ability to secure and retain a job, progress at work and enter more easily into the labour market at different periods of the life circle. The desired impact of the project at the European level is the following: all the partner-organizations will have the strengthened collaboration and long-term sustainability in the cooperation among the participating organizations to keep it as a long term goal for further common projects using non-formal education as its main tool that will have the efficient impact on the partner organizations, the participants and the participating countries.

About REZEKNE:

<https://www.youtube.com/watch?v=NMAM1OBpT9o&t=11s>

Rezekne is a city in the Rēzekne River valley in Latgale region of eastern Latvia. It is called *The Heart of Latgale* (Latvian *Latgales sirds*, Latgalian *Latgolys sirds*). Built on seven hills, Rezekne borders with Russia, Lithuania and Byelorussia. It has become a border city between EU, NATO and the Eastern states. Rezekne is located 242 km from the state capital Riga, 685 km from Moscow, 450 km from St. Petersburg, and 860 km from Warsaw. It has a population of 31,216 making it the 7th largest city in Latvia.

Partner organisations

Nr.	Name of the organisation	Country	Contacts
1.	Udruga gluhih i nagluhih Nova Gradiska	CROATIA	dianargat@yahoo.com
2.	TDM 2000	ITALY	info@tdm2000.org
3.	ASSOCIATION FOR SUSTAINABLE DEVELOPMENT SFERA MACEDONIA BITOLA	MACEDONIA	sferabt@gmail.com
4.	REGIONALNE CENTRUM WOLONTARIATU	POLAND	kontakt@centrumwolontariatu.eu
5.	Organization for women municipality	MACEDONIA	suzanadim@yahoo.com

	Gevgelija		
6.	ASOCIATIA CENTRUL PENTRU STRATEGII DE DEZVOLTARE A TINERETULUI	ROMANIA	programe.csd@outlook.com
7.	Genclik ve Degisim Dernegi	TURKEY	genclikvedegisim@gmail.com
8.	"H2O"-Associação de Jovens de Arroquelas	PORTUGAL	H2o@h2o.org.pt
9.	MOMENTUM WORLD CIC	UK	info@momentumworld.org
10.	JUGEND, BILDUNG UND KULTUR EV	GERMANY	nataseriakova@yahoo.de
11.	YOUTHFULLY YOURS GR	GREECE	info@youthfullyyours.gr
12.	ASOCIATIA PSIHOLOGILOR PROFESIONISTI DIN ROMANIA	ROMANIA	projects@apsipro.ro
13.	La Vibria Intercultural	SPAIN	info@vibria.org
14.	RELAIS OUVERTURE ECHANGES LINGUISTIQUES	FRANCE	julian.roudel@gmail.com
15.	Active Youth	MALTA	active.youth@live.com

DATES and PARTICIPANTS	<p>Seminar:</p> <p>1th – 7th April 2019</p> <p>Arrival: 1th April 2019</p> <p>Working days: 2th-6th April 2019</p> <p>Departure: 7th April 2019</p> <p>2 participants (18 +) from each organization. Preferably youth workers, youth leaders, project managers, leaders of the youth organisations.</p>
TIME ZONE	Rezekne, Latgale region, Latvia is located in GMT +2 hours.
CURRENCY	Latvian money is EURO €
	In most of the establishments and shops, credit-cards Visa and MasterCard are accepted.
PHONE	The international phone code is +371 or 00371
WEATHER CONDITIONS	<p>Average temperature in Latvia:</p> <p>In April 12°C (max.) and -5°C (min.). Warm clothes will also be a mandatory, especially for participants coming from southern countries.</p>
ARRIVALS/ DEPARTURES	When booking the tickets we suggest you to come till 17:00 on 1 th April and book your

flight back on 7th after 15:00. If your departure will be early in the morning you can have a problem with the transport as there is only 1 night bus from Rezekne to Riga which arrives to Riga at 6:00 am. That's why we advise you to book your flights from Riga in the afternoon on 7th.

The tickets will be reimbursed after we receive all the necessary documents from your side (original tickets, boarding passes, invoices, etc.).

NOTE: Before buying the tickets notify the organizer EA "World - Our Home"

APPLICATION FORM

Participants are required to fill in online Application form for the project!

<https://goo.gl/forms/t0KPGy0vHsaNqL5m2>

TRANSPORT MAXIMUM REIMBURSEMENT AMOUNTS

Country Maximum Amount covered [in €] per person

Country	Max amount covered by the project/per person
CROATIA	275 Eur
ITALY	360 Eur
MACEDONIA	275 Eur
POLAND	275 Eur
MACEDONIA	275 Eur
ROMANIA	275 Eur
TURKEY	360 Eur
PORTUGAL	530 Eur
UK	275 Eur
GERMANY	275 Eur
GREECE	275 Eur

	ROMANIA	275 Eur
	SPAIN	360 Eur
	FRANCE	360 Eur
	MALTA	360 Eur

NOTE: This money should cover also costs for your local transport to your nearest airport and travel costs from Riga-Rezekne-Riga (around 20 euros).

TRAVEL ARREGEEMENTS
 If you want to visit Latvia, Riga, you can buy the tickets 2-3 days before the project and stay in Latvia 2-3 days after the project, but we **cannot cover** your accommodation and food expenses for extra days in Latvia.

ACCOMMODATION



Accommodation will be in the hotel “Kolonna”.
<http://www.hotelkolonna.com/viesnicas/rezekne/kolonna-hotel-rezekne/lv/>

The hotel is situated in the center of Rezekne. Only a few minutes way from the hotel are placed the sights of the city, banks, shopping centers and the most significant objects of cultural history.

Hotel provides wireless (WI-FI) internet connection.

Rooms will be shared from 2 till 3 persons per room of the same sex. All rooms have toilet and shower. Towels and bed linen will be provided.

Don’t forget to bring your personal hygienic (shampoo, shower gel, slippers, etc.)!

Activities will be organized in the seminar hall of the hotel.

100% of the seminar costs and seminar tools are covered. No participation fee!

FOOD



Breakfast, Lunch and Dinner will be provided for you by the project.

Please tell us if you have any special food needs (vegetarians, no pork, no fish, allergies etc.)

HOW TO GET TO REZEKNE
 The airport to fly to is **RIGA, Latvia**. It is possible to fly to Vilnius (Lithuania), because we have bus from Vilnius to Rezekne also. (www.ecolines.net bus from Vilnius to Rezekne)

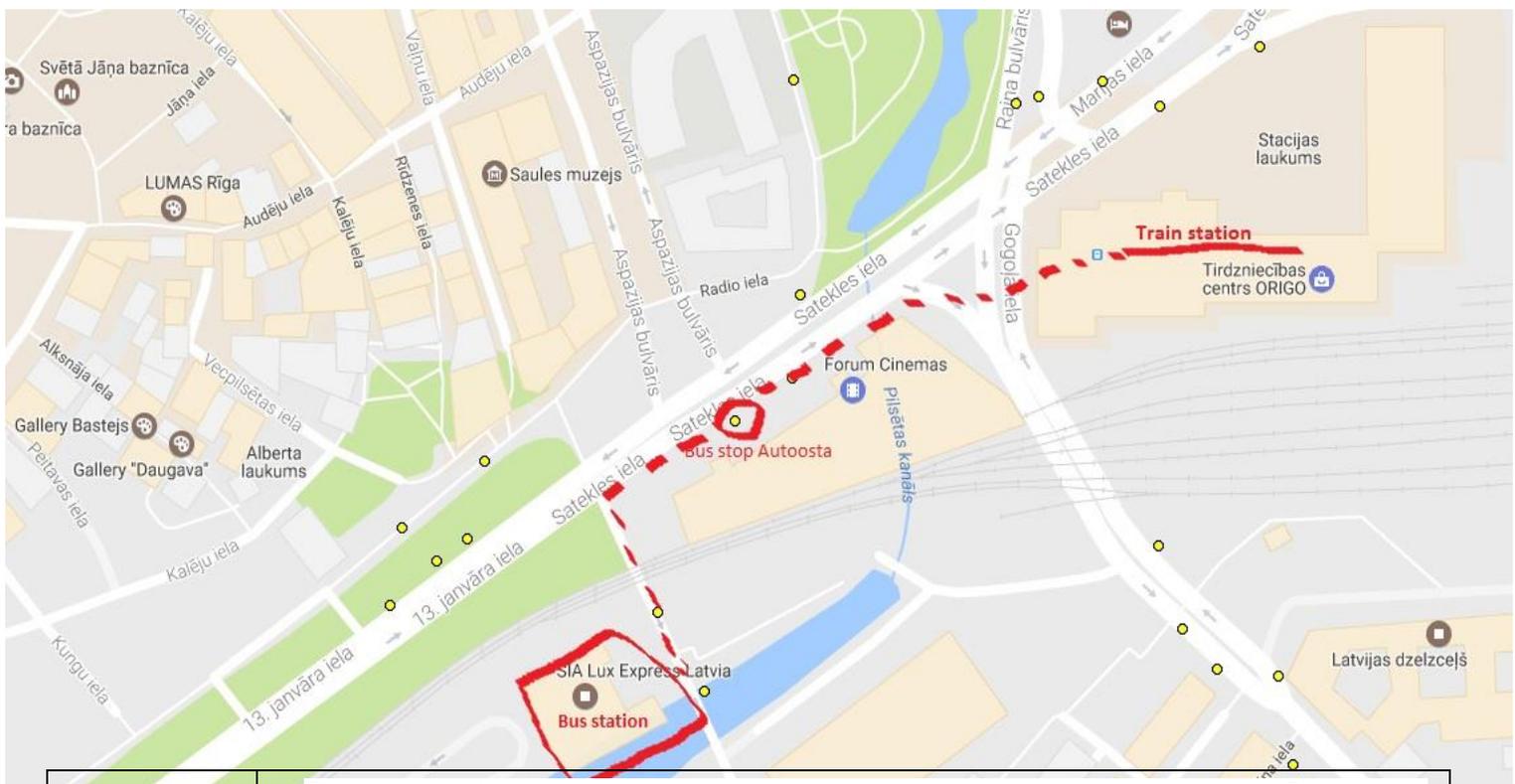
Please try to book your ticket for arrival in Riga as early as possible.

When you will arrive to Latvia, get out from the airport, across the parking place you will find the bus stop (there is bus **no.22**) You can buy the tickets in the bus **2,00 Eur**, but preferably next to the airport entrance door, on the left side, there is a little shop **“Narvesen”** or in the bus stop there is a tickets machine were you can find **cheaper tickets 1,15 Eur.** (in the bus **2,00 Eur**) The bus No.22 will take you from the airport to the center of Riga. You need to get out in the bus stop **“Autoosta”**. The duration of the trip from airport to the bus stop “Autoosta” is 20-30 minutes.

Check the map below, you can take the **train in the train station** or the **bus in Bus station for going to Rezekne.**

You can check the train/ bus schedule Riga- Rezekne on www.1188.lv (in English) - **Transport – Intercity Busses-Trains. (Check for trains - Riga pasažieru– Rezekne 2; for busses Riga SAO – Rezekne AO).** There you will find the convenient transport for you.

If you are disorientated or lost, don't hesitated to ask people or call to organizers!



REIMBURSEM ENT RULES

- The travel costs are covered up to a maximum amount according each country. Please note that if some of the participants **are not traveling from the home cities of the partner organizations** the reimbursement will be done according to the following rules:

1. If the travel distance is longer than the distance from the home city of the partner organizations the expenses will be reimbursed according to the project approved band distance (which is stated in the list above).
2. If the travel band distance is shorter than the distance to the home city of the partner organization the expenses will be reimbursed according to the actual travel band.

Here you and the participants can calculate the travel distance:

	<p>https://ec.europa.eu/programmes/erasmus-plus/resources/distance-calculator_en</p> <ul style="list-style-type: none"> - Participants must choose the cheapest travel option. We will only reimburse public transport costs. No taxis will be reimbursed. - The reimbursement will be done only for travel expenses incurred according to the following rules: <ul style="list-style-type: none"> 1. Reimbursement of travel costs will only be done upon full attendance of the project and presentation of the original travel tickets with boarding passes, receipts, invoices. All the original tickets, boarding passes and invoices from your home to the Rēzekne bus or railway station, including e-tickets, busses, trains, shuttles to the airport, etc. We're allowed to refund only the original tickets (altogether including the return) once we'll receive physically by ordinary mail after the project. Your travel expenses will be reimbursed only upon presentation of documentary evidence of the sum actually paid: original invoice or/and a copy of credit card slip. We will ask you for the originals of ones you have already used; do a photocopy of the tickets, which you need for your return trip, and the rest you need to send us by post after the project. 2. Electronic tickets will only be reimbursed on receipt proof of payment (invoice, paper of booking/purchase printed from internet, payment confirmation from Internet) and after presentation of the boarding pass for the outward journey. 3. Boarding passes must be printed in PDF paper version. We will not accept mobile electronic boarding passes. 4. Return tickets must be purchased before the start of the journey. <p>Money transfer to your bank accounts (or your organizations bank account) will be after project, and after we receive all the necessary documents we asked for, from you. <u>We don't do reimbursements neither during training course nor in cash!</u></p> <p>Reimbursement will be done in EURO, regardless of the currency indicated on the ticket and receipt/invoice. Any tickets purchased in a local currency other than EURO, will then be converted and calculated according to the exchange rate of the month or day when the ticket/s were purchased, as stated in the official European Commission web-site. For countries with other currency – we need to know the date of the purchase of the tickets, to make calculation of currency exchange according to the rules of Erasmus + programme.</p> <p>The reimbursement will be made by bank transfer only after receiving the original return tickets!!!!!!</p> <p>Please, bring with you all the bank details (IBAN; SWIFT code, Name of the Bank, Account number etc).</p> <p><i>Please do not book the tickets through travelling agencies. They are going to be much more expensive!!!</i></p>
<p>HEALTH AND TRAVEL INSURANCE</p>	<p>There is NO insurance provided by the organizers. Please, purchase a private insurance or, if you are EU citizen, get it free of charge from your national social security that covers medical costs around EU member states.</p> <p>Remember that obtaining a health and a full travel insurance is your own responsibility and at your own expenses. The information you provided on any special needs does not remove your own personal responsibility for ensuring your own health.</p> <p>Also, it is very important that you notify us of any health risk or possibly necessary medicines,</p>

	<p>special food arrangements!! and so on.</p>
<p>WHAT TO BRING WITH YOU</p>	<ol style="list-style-type: none"> 1) Please prepare presentations about your organization, your projects, work with youth. Each country will have 5-10 minutes. 2) You can use different methods and techniques, but we prefer PowerPoint/ Prezi presentation to better understand what your organization is doing!!! <div style="display: flex; align-items: center; margin-top: 20px;">  <div style="flex: 1;"> <p>INTERNATIONAL EVENING:</p> <ul style="list-style-type: none"> - Each organization is asked to bring some food or drink and other typical national staff for the international evening. </div> </div>
<p>ORGANIZERS CONTACTS</p>	<p style="text-align: center;"> Natalija Covvo, Director 0037129433012 </p> <p style="text-align: center;"> Dace Deksne, Project Coordinator 0037126658731 </p> <p style="text-align: center;"> E-mail: pasauleathome@yahoo.co.uk </p> <p style="text-align: center;"> JOIN our project Facebook group https://www.facebook.com/groups/2449819461714688/about/ </p> <div style="text-align: center; margin: 20px 0;">  </div> <p style="text-align: center;"> TC "Youth work for youth employability" Rezekne, Latvia, 1.-7. April 2019 </p>

PLEASE REMEMBER that it is essential that participants participate **in all days of the training!** Otherwise we can't reimburse any money for the tickets.

Please do not hesitate to contact the office in case of any questions or comments.

See you soon in Rezekne!!!

